To convert a sentence into past tense, we must change the verb 'to be' and the main verb.

For past tense verb 'to be', we use 'was' for first person singular and third person singular. We use 'were' for third person plural.

• I was

- He was
- She was
- It was
- They were
- We were
  - You were

The main verb must be changed into continuous tense also. Continuous verbs end in 'ing'.

playing writing

kicking watching

catching cooking

reading cleaning

Read the example past continuous sentences. Note the verb 'to be' and the main verb changes.

- I was sleeping in my bed.
- He was eating his lunch at home.
- They were playing football.



Convert the present continuous tense sentences into past continuous tense. Change the verb 'to be'.

1. He is walking to school.

a. He was walking to school.

2. My mum <mark>is</mark> cooking dinner.

3. The dog is running in the park.

4. They are watching a movie.

5. We are playing in the playground.

6. I <mark>am</mark> eating lunch.



Convert the present simple tense sentences into past continuous tense. Add the verb 'to be' and change the main verb.

1.1 read my book.

a. I <mark>was reading</mark> my book.

2. He walks to the supermarket.

3. It <mark>sleeps</mark> in a hut.

4. We kick the ball.

5. They eat lunch at school.

6. She <mark>bakes</mark> a cake.



Convert the past simple tense sentences into past continuous tense. Add the verb 'to be' and change the main verb.

1.1 walked the dog.

a. I was walking the dog.

2. He <mark>cooked</mark> a pie.

3. It climbed the tree.

4. We chopped the onions.

5. They drank coca-cola.

6. She <mark>drove</mark> the car.



Read the story and rewrite in past continuous tense. Change the verb 'to be'.

We are walking to school. I am doing my homework. I am eating lunch in the hall. We are playing in the playground.

