

This is a carrot. It is orange and grows in the ground. It is a root vegetable. It has long leaves growing at the top of it.

Carrots are good for us!





These are peas. Peas are green and grow on vines. Peas are a seed vegetable. They have pods that they grow in.

Peas are good for us!





This is a broccoli. It is green and grows on the ground. It is a flower vegetable. It has a stalk that is good for you.

Broccoli is good for you!





This is an eggplant. It is purple and grows on branches of the plant. It grows from a flower. It has seeds inside.

Eggplants are good for you!





This is a cob of corn. It is yellow with green leaves that we can't eat. It grows on stalks. There are many kernels in a cob of corn.

Cob of corn is good for you!





This is cabbage. It is green with many layers of leaves. It grows on the ground. It is made up of mostly water.

Cabbages are good for us!



